



County Durham

10th June 2009

The Greenhouse
Greencroft Industrial Park
Stanley
County Durham
DH9 7XN

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Dear Colleague

Mental Health and Wellbeing in Later Life – Free Awareness Raising Presentations

On behalf of the North East Mental Health Development Unit, I am pleased to be able to offer you and your colleagues two free awareness raising presentations as part of a national programme to develop high quality care and personalised services for older people. The presentations are:

Title	Detail of presentation	Target audience
Signs, symptoms and risk factors of depression in older people	This is a comprehensive awareness-raising presentation on the signs, symptoms and risk factors of depression in older people, and also takes account of discrimination and how depression can co-exist with other illnesses.	The presentation includes some participation. It is aimed at staff within social work teams, voluntary sector organisations, older people's groups/forums, GP practices, care homes, domiciliary care and acute care settings for older people.
Let's Respect, Dignity and My Home Life	This awareness-raising presentation brings together three discreet documents and overlays the principles of each. The presentation builds on existing regulatory frameworks and promotes a set of core values required for providing High Quality Care For All.	The presentation will promote the need to change organisational culture for care home providers, domiciliary providers and those providing acute care to older people. Delegates will be provided with the challenges for change.

These presentations can be delivered free to all partners. In most cases I would anticipate that those wishing to book presentations would be able to provide a suitable venue, however, where this is not possible I can look towards making a reasonable contribution towards venue costs.

The presentations last for approximately 2 hours and I would suggest a maximum audience of 20 people at each session. This free offer runs until January 2010, but I would encourage early booking to ensure availability.

If you would like to book these presentations for your team or organisation, please complete and return the attached booking form. We will then contact you to confirm arrangements.

Please feel free to share this information with colleagues, partners, groups or forums who may be interested and do not hesitate to contact me if you have any queries about either of the presentations.

Yours sincerely

Steve Amos
Mental Wellbeing in Later Life Lead
North East Mental Health Development Unit



Mental Health and Wellbeing in Later Life – Free Awareness Raising Presentations

Booking form

I would like to book the following presentation/s:

Please tick as appropriate

Signs, symptoms and risk factors of depression in older people

Let's Respect, Dignity and My Home Life

Suggested dates: _____

I have access to a venue: Yes No

Name	
Organisation (if applicable)	
Address	
Telephone No	
Email address	

Please return this form to:

Lynne McCarthy, Secretary
North East Mental Health Development Unit
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DH9 7XN

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