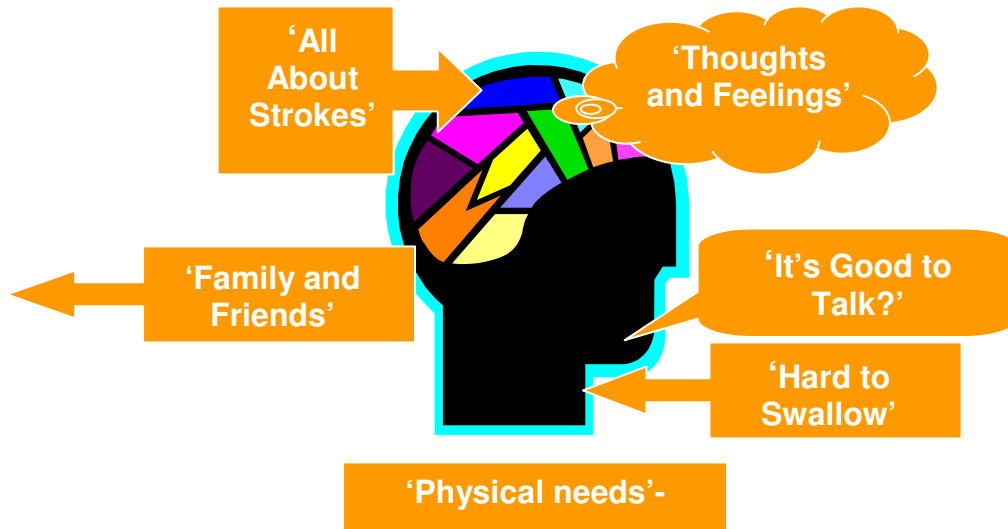


“CARING FOR PEOPLE AFFECTED BY STROKE”

A programme of training specifically designed for all care staff, nursing staff, therapy assistants and family carers

9-5PM - 11 MARCH 2010, COMMITTEE ROOM, SNIPERLEY HOUSE, APPLETON SITE, DURHAM DL1 5XZ



ONE-DAY INTENSIVE - Course Summary

- ❑ **Module 1 – ‘All About Strokes’**
A general introduction and overview of stroke including causes, risk factors & effects.
- ❑ **Module 2 – ‘The Comfort Zone’**
Meeting the *physical needs* in terms of movement and mobility.
- ❑ **Module 3 – ‘Hard to Swallow’**
How stroke affects *swallowing* and the implications of diet and healthy eating.
- ❑ **Module 4 – ‘It’s Good to Talk’**
All about *communication* problems following a stroke.
- ❑ **Module 5 – ‘Thoughts & Feelings’**
The *psychological* effects of stroke and related needs.
- ❑ **Module 6 – ‘Friends & Family’* (NB Module 6 integrates during this course)**
Identifying the needs of those closest to the stroke person.

Now with relevant NVQ level 2&3 validation

PLEASE COULD YOU RESERVE ME A PLACE ON THE ABOVE **FREE** EVENT
11 MARCH 2010, SNIPERLEY HOUSE, DURHAM (one application per care home please)

Name..... Position Held

Address.....

Email address.....

Telephone number.....

Any special dietary requirements for lunch.....

Please send completed reservation application to **Sue Neale, Dr Piper House, King Street, Darlington, DL3 6JL OR Fax reservation to Sue Neale 01325 746272**

For more information contact Sue Neale on (01325) 746157 or s.neale2@nhs.net