

Our Reference
Your Reference

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Health Improvement Service
County Durham and Darlington
Community Health Services
Centre for Health
Whitehouse Business Park
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Re offer Training for Care home staff- Dementia Awareness

Dear Sir/madam

The Mental health Improvement team County Durham and Darlington Foundation Trust are offering a support programme for your care home which will include a half day training session on Dementia Awareness designed particularly for care home staff.

As you will be aware dementia and the early diagnosis of dementia are very high on the agenda for policy makers and decision makers.

The training will give an insight into the Dementia strategy and include

- the types of dementia
- the causes and treatments used
- the benefits of early diagnosis and accessing support
- Highlighting the effects of stigma which often leads to misdiagnosis.

We will look at the benefits of making positive lifestyle choices which can help reduce the risk of developing vascular dementia and work with you to discuss other health Improvement activities to benefit the patients and staff. There will be opportunity for us to support an increased understanding of the importance of meaningful activities that can benefit a person at risk from developing dementia or a person already living with the condition.

The staff from your care home would need time to attend the 4 hour training session, which we will deliver on site and they will receive the training and useful resources. The expectation then will be for them to use the learning to improve practice, which we will come and evaluate at a date agreed with you approximately 1 month following training.

I would like to make an appointment with you to discuss this further and look forward to hearing from you and hope you will consider this opportunity to engage in this programme of support for your team. I can be contacted as detailed at the head of the letter.

Yours sincerely

Andrea Williams
Health Improvement Lead – Mental Health